



Creekside Mental Health | 2700 Bee Cave Road Suite 110 | Austin, Texas 78757 | 512-329-6982

HIGHLIGHTS OF QUALIFICATIONS:

- Excellent clinical and facilitation skills in individual and group therapy
- Broad experience with child, adolescent, adult and family therapy
- Integrate group psychotherapy with art therapy to enhance client recovery and development
- Coordinate successful treatment plans as part of multi-disciplinary therapy team
- PACT Trained Couples Counseling using psycho biological and attachment theory to help couples
- Hypnotherapy, Mindfulness, and Generative Self-Relation Therapy

EDUCATION:

- Masters Degree in Marriage and Family Therapy and Art Therapy at the College of Notre Dame in Belmont, California | 1993 -1995
- Skowhegan School of Painting and Sculpture in New York, New York | Summer of 1986
- Bachelors Degree of Art and B.A. in Fine Art at the University of Texas, Austin, Texas | 1980 – 1986

EMPLOYMENT:

Psychotherapist: 2000 – Present | Private Practice in Austin, Texas

- Provide counseling for children, adolescents, adults, and families
- Assist clients with mental health, stress, trauma, and addiction issues

Psychotherapist: 1997 – 2000 | Private Practice in Santa Fe, New Mexico

- Provide counseling for adolescents, adults, and families
- Assist clients with mental health, stress, trauma, and addiction issues
- Facilitate weekly Men's Group and weekly Art Therapy Group

Psychotherapist, Art Therapy Director: 1997 – 1999 | Life Healing Center Santa Fe in New Mexico

- Conduct individual, group, and family sessions for adults with dual diagnosis
- Create specialized treatment plans as part of an integrative therapy team
- Direct in-patient Men's Therapy and Art Therapy programs
- Provide assessment, charting, and after-care support
- Participate in addiction and trauma training

Psychotherapist: 1996 – 1997 | Teen Connection in New Braunfels, Texas

- Conduct group, individual, and family therapy sessions in shelter and schools
- Administer crisis intervention counseling to in-house and community families
- Develop, implement, and lead multi-family group therapy sessions

Psychotherapist, Interim Pediatric Art Therapy Director: 1995 – 1996 | McAuley Behavioral Health Services in San Francisco, California

- Design pediatric acute care and day-treatment therapy programs
- Document and assess patient progress to meet JCAHO standards

Psychotherapist, Psychiatric Assistant: 1995 – 1996 | CPC Belmont Hills Psychiatric Hospital in Belmont, California

- Conduct family therapy, multi-family therapy and play therapy sessions
- Implement Art Therapy for acute care children, adolescents, and adults

EXPERIENTIAL:

- **Presenter:** 2005 | *The Use of Expressive Art in School Counseling* | Region XIII Workshop in Austin, Texas
- **Presenter:** 2005 | *Using Art to Explore the Earliest Spiritual Experience* | Spirituality in Social Work Conference in Austin, Texas
- **Presenter:** 1996 | *Art Therapy Techniques for Adolescents in Therapy* | TACATA Conference Austin, Texas